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The Clutterfly Effect - Tweak Your Way To Total Transformation By Decluttering Your Life: How Small Steps Can Yield Big Results.



Synopsis

The Clutterfly Effect-Tweak Your Way to Total Transformation by Decluttering Your Life. How small steps can yield big results. Is this you? * Is worry, stress and overwhelm a constant in your life? * Are you spinning your wheels instead of moving forward? * Are you trapped in the movie "Groundhog Day" where every day is the same? * Have you given up on designing your own unique lifestyle? * Are your goals and dreams hidden on the back shelf full of dust and cobwebs? The Clutterfly Effect offers a way out through the muddle. Its step by step design will get you where you want to go. Can you imagine creating an environment where your pain and disappointments are turned into an asset that you leverage for your own success? Are you looking to create a downstream life where less can get you more? The Clutterfly Effect shows how ordinary lives can be transformed by understanding the power of intention and tweaking, clearing the clutter that keeps us stuck, and building momentum while celebrating each step of the way. You're at the right place at the right time. Get Clutterflied! An autobiographical memoir of family, faith and trust, and how small changes can yield big results.

Book Information

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Customer Reviews

The Clutterfly Effect is sweet and warm hearted. It is a step by step guide to getting what you want. A lot of people push false hope with, "just wish it true and it will be true" kind of philosophy. But with the Clutterfly Effect, these ladies address the clutter that is holding you back. They give you a goals program with a real (and easy to do) plan to help you achieve your goals. Just wonderful!!!!!!

I've been following Christine Marie & Julie (Life with the Girlfriends) for several years now. Christine Marie coached me through several life transforming events, including meeting the love of my life. I think of this book as another form of coaching, with helpful tips and exercises to help us move forward. Decluttering your life and your energy field is one big step to freeing your mind to be more open to guidance, and to be more creative and focused. I love the way this book is written - as if you were having coffee with a dear friend and eagerly awaiting their sound advice. Easy to read, easy to follow and funny!

This is a great book that is easy to read! I really appreciate how well Christine Marie and Julie present these simple and practical teachings in a way that you allow you to benefit greatly whether you choose to read the entire book straight through from start to finish or whether you prefer to use it more as a great reference book. The question and answer section is laid out by categories and the stories they share give you examples of general applications to help you better understand how powerful these teachings can be in transforming your life. Do yourself a favor and READ THIS BOOK!

This book is so easy to read. I've been feeling so overwhelmed and this book helped me really see the clutter in my life that was not so important. Once I eliminated that clutter I had the space to feel a little more peace and joy in my life. Also, it really makes the point that we need an hour a day for just ourselves to get aligned with our dreams, desires, and especially our well-being. I'm not at an hour yet, but I'm tweaking my way there.

The Clutterfly Effect book does a great job identifying the different types of clutter in a person's life and how one can begin eliminating it. This book would be perfect for someone who is feeling overwhelmed but feels the push to make changes in their life. It laid out how to create the space needed for your dreams and then how to begin creating your unique lifestyle. The book was easy to read and the way the chapters were laid out, you will be able to use the book as a resource whenever you need it.

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